

## ***Glendale Adventist Medical Center PACT to Quit (Physicians and Community Together)***

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Glendale Adventist Medical Center was awarded a grant from Pfizer to identify and support healthcare system and provider needs regarding improving clinical and systems practices to increase smoking cessation quit rates. The goal of all Pfizer funded projects in our award category is to improve an existing smoking cessation initiative and corresponding quit rates, by increasing clinician, hospital departments, and community interactions to help smokers quit.

*Physicians and Community, Together, to Quit (PACT to Quit)* is GAMC's approach to improving inter-departmental communication and systems protocols to better ensure, track, and measure inpatient referrals to outpatient tobacco use cessation programs. The Community Services Department is partnering with Family Practice Medicine, Behavioral Health, Information Technology, nursing, Occupational Medicine, other departments, and community partners including Glendale Healthy Kids, to improve (a) actual referrals into cessation programs, (b) actual in-patient exposure to, and clinician engagement in Ask, Advise, Assist, and Refer, and (c) GAMC systems and tracking protocols designed to help patients quit, beginning from the time of hospital admissions. GAMC believes that an additional benefit of these efforts, to patients and the hospital system, is its potential to impact efforts to reduce re-admissions.

### **Specific grant objectives are:**

**Objective One:** By 12/31/14, 80%-100% of Cardiac, Stroke, Asthma and high-risk Patients will be introduced to, and 40%-50% of patients will accept, 1-2 smoking cessation visits from a Family Practice resident, nurse or cessation counselor.

**Objective Two:** GAMC will improve post discharge cessation counseling follow-through and tracking by 50%; and GAMC's Community Services cessation counselor will provide cessation sessions and/or classes to 10-15 in-patients to out-patients per month.

Grant Funding from January 2013 to December 2014