



Store Tours

*Glendale Adventist
Medical Center*



Do you have children age 5 and under?

In partnership with the Los Angeles County Department of Public Health and First 5 LA, Glendale Adventist Medical Center is working in your community to prevent and reduce childhood obesity.

Learn how to shop, cook, and be involved in your community!

Grocery Store Tours

Learn how to choose healthy foods for your children and family. Grocery store gift cards will be provided to participants!

Please Join Us at These Locations and Dates

Trader Joes 8/7, 8/14, 9/11, 10/9, 11/13, 12/11 @ 9am
130 N. Glendale Ave., Glendale, CA 91206

Smart and Final 8/11, 8/18, 8/25, 9/8, 9/15, 9/22, 9/29 @ 9am
210 N. Verdugo Rd., Glendale, CA 91206

Ralph's Fresh Fare 8/15 @ 9:30am
521 Foothill Blvd., La Cañada, CA 91206

Von's 8/22 @ 9am
3233 Foothill Blvd., La Crescenta, CA 91214



For more information and to RSVP, please call

(818) 409-8000

Andaye Hill ext. 5870

Karla Cailean ext. 5859

Alicia Tamayac Herrera ext. 5858

Ana Christina Maravilla ext. 5866

Everything is **FREE** for the community!

